2020 VIRTUAL SUMMER GAMES

WEDNESDAY, JUNE 10

DUO DAY!

LOOK INSIDE!
WELCOME TO 2020 VIRTUAL SUMMER GAMES

Special Olympics Illinois is proud to bring you the first-ever Virtual Summer Games. The virtual event will take place Tuesday, June 9 – Sunday, June 14. Starting with an Opening Ceremony on June 9 and ending with a Closing Ceremony and Victory Dance on June 14, we look forward to sharing many fantastic programs and activities.

The athletes of Special Olympics Illinois are some of the most determined and resilient people on earth. Special Olympics Illinois stands together through adverse times. Although we may not be together on the field, we are an inclusive community that always stands strong and, more importantly, together.

A NEW WAY TO PLAY

View today’s exciting schedule below. In between all the action, we hope you will check out the fun activities in this booklet and celebrate the theme of each day – crafted by our Unified Champion Schools students.

We will also be highlighting the spirit of the games across virtualsummergames.soill.org, Facebook, Instagram, Twitter, and LinkedIn.

The Virtual Summer Games is open to anyone: whether you are a Special Olympics Illinois athlete, volunteer, supporter, or just someone wanting to be a part of this first-of-its-kind event that celebrates inclusion, on and off the field of play.

We know if we stay focused and stand together, we can overcome anything. We know if we work hard and stand together, we can accomplish great things. #SOILLSStandsTogether

DUO DAY

10 June

eSports SO Game Night

Move It Minute | The Daily Leader | Today's Healthy Habit
Featured Spirit Week Activity
Inspirational Coach Quotes
Volunteer Thank You

virtualsummergames.soill.org
Find N in text below

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Share if you found it!!!
Can you match the Disney Couples?

___1. Cinderella  
___2. Ellie  
___3. Jasmine  
___4. Pocahontas  
___5. Princess Aurora  
___6. Ariel  
___7. Rapunzel  
___8. Mulan  
___9. Anna  
___10. Belle  
___11. Jane  
___12. Nala  
___13. Bianca  
___14. Tiana  
___15. Lady  
___16. Meg

A. Hercules  
B. Beast  
C. Prince Charming  
D. Prince Eric  
E. Simba  
F. Tarzan  
G. Tramp  
H. Prince Phillip  
I. Bernard  
J. Flynn  
K. John Smith  
L. Naveen  
M. Kristoff  
N. Carl  
O. Aladdin  
P. Shang
You’ll be seeing lots of double letters as you solve this crossword. In fact, each answer has *two pairs* of double letters! Answers include plants, animals, locations, and a few proper nouns. You’ll also find a few spelling demons along the way.

So sharpen your vision, pour yourself some coffee or cappuccino, and dive right in!
Across

2. Having the power to review the decisions of a lower court
5. Long, loose-fitting dress, often brightly colored
7. Long-legged wading bird with long, flat bill
8. A clip or bar used for holding a girl’s or woman’s hair in place
9. An edible, acidic, round fruit that is sometimes prickly
11. A bag of tough, light material that can be filled with air or heated gas so it will rise and float, often used as a toy or decoration
12. To have as property
13. A group of persons designated to investigate, report on or act upon a specific matter
16. A plant-eating insect with long hind legs used for leaping
18. A game known as soccer in the U.S., but by this name in Europe
20. A container to spit into
21. Popular tape for music recordings, prior to CDs
23. To make uncomfortably self-conscious
25. Rumor, gossip
28. A river in Myanmar (Burma)
30. A North American bird with two black bands on its white breast
33. In music, a tempo that is not as fast as allegro
34. A non-essential item that adds beauty or convenience to something else
36. Person who clowns around by telling jokes, making odd gestures, etc.
37. Part of Los Angeles, CA; center of the American film industry
38. To pamper or overprotect
39. To keep from being known

Down

1. A type of large kangaroo with a reddish-gray coat
3. To find out or decide the importance, size or value of something
4. A globe-shaped fungi that gives off a cloud of spores when touched
6. A large pad on which to sleep
10. An Australian bird having a loud cry that sounds like laughter
11. A kind of fragile Irish porcelain
14. Medium-sized sofa with arms and a back
15. A mark on the body, made by using a needle to put pigment under the skin
17. Directions for the delivery of mail
19. Something that happens; an event
22. A nocturnal bird with a loud repeated call that sounds like its name
24. October 31
26. A round, iron missile, designed to be fired from a certain large mounted gun
27. Both pleasant and painful
29. A city in SW Tennessee
31. A small gray mammal with black mask
32. A person who sings ballads
35. The accomplishment of one’s goals
Scavenger Hunt!

Today's Scavenger Hunt will feature Pairs! As you explore, cross off each thing that comes as a pair or is called a “pair” that you find below. See if you can find every one!
**Special Olympics Illinois – Wellness Bingo Challenge**

<table>
<thead>
<tr>
<th>B</th>
<th>I</th>
<th>N</th>
<th>G</th>
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</thead>
<tbody>
<tr>
<td>Go for a walk outside</td>
<td>Take 3 deep breaths</td>
<td>Floss your teeth</td>
<td>Wash your hands every 2 hours for 20 seconds</td>
<td>Eat 5 fruits and vegetables in one day</td>
</tr>
<tr>
<td>Drink 5 bottles of water in one day</td>
<td>Complete a WWE School of Strength workout video</td>
<td>Go the day with no soda</td>
<td>Dance to your favorite song</td>
<td>Spend 30 minutes doing a hobby you enjoy (cooking, reading, coloring, etc.)</td>
</tr>
<tr>
<td>Get 8 hours of sleep</td>
<td>Make a list of 3 things you love about yourself</td>
<td>Put on sunscreen before going outside</td>
<td>Do 10 jumping jacks</td>
<td></td>
</tr>
<tr>
<td>Stretch for 10 minutes</td>
<td>Eat something from the dairy food group</td>
<td>Wear your favorite Special Olympics shirt</td>
<td>Do 5 sit ups</td>
<td>Try a new healthy recipe</td>
</tr>
<tr>
<td>Do a push up</td>
<td>Eat a green vegetable</td>
<td>Use a re-usable water bottle for a day</td>
<td>Write a thank-you note to someone who has been kind to you</td>
<td>Jog in place for 1 minute</td>
</tr>
</tbody>
</table>

Cross off the box for every task you complete June 10-14. Take a picture of your card and send it to bingo@soill.org by 12pm on June 14 to be entered in the prize drawing. The more “bingos” you have the more entries in the drawing!
**Synonyms**

Fill in the puzzle with the words that mean about the same thing.

![Crossword Puzzle](http://www.HaveFunTeaching.com)

**ACROSS**

1. Synonym of Eat
2. Synonym of Go away
3. Synonym of Run
4. Synonym of Hop
5. Synonym of Hot
6. Synonym of Stone
7. Synonym of Finish
8. Synonym of Dance
9. Synonym of Throw
10. Synonym of Talk
11. Synonym of Automobile
12. Synonym of Big
13. Synonym of Fire

**DOWN**

1. Synonym of Eat
2. Synonym of Go away
3. Synonym of Run
4. Synonym of Hop
5. Synonym of Hot
6. Synonym of Stone
7. Synonym of Finish
8. Synonym of Dance
9. Synonym of Throw
10. Synonym of Talk
11. Synonym of Automobile

**WORD BANK:** Begin, boogie, car, end, flame, giant, jump, leave, munch, rock, speak, sprint, toss, warm.
FAMOUS PAIRS WORD SEARCH PUZZLE

ADAM AND EVE
BATMAN AND ROBIN
BEST AND ERNIE
BILL AND TED
BONNIE AND CLYDE

RROW AND ARROW
BREAD AND BUTTER
CHEECH AND CHONG
DAVID AND GOLIATH
DEATH AND TAXES

FISH AND CHIPS
FUZZY DICE
GIN AND TONIC
JACK AND JILL
LAUREL AND HARDY

LEWIS AND CLARK
PUNCH AND JUDY
SNAKE EYES
SONNY AND CHER
TOM AND JERRY

www.WordSearchAddict.com
Today is DUO day for Special Olympics Illinois virtual Summer Games and I wanted to write to you to thank you for being the other half of my DUO!

You’re the other half of my DUO because:

__________________________________________________________________________________________

__________________________________________________________________________________________

__________________________________________________________________________________________

I really appreciate when:

__________________________________________________________________________________________

__________________________________________________________________________________________

__________________________________________________________________________________________

My favorite thing to do with you is:

__________________________________________________________________________________________

__________________________________________________________________________________________

__________________________________________________________________________________________

In the future I would like to:

__________________________________________________________________________________________

__________________________________________________________________________________________

__________________________________________________________________________________________

I hope you have a great day! Thank you for being the other half of my DUO!

Sincerely,
6/10/20

Dear Brian,

Hi, how are you? I have been thinking about you a lot. I miss seeing you at school. What have you been doing since quarantine has started? I applied to be on the Youth Activation Committee again. Hopefully, we can be partners again next year if you applied.

I have been doing my school work each day and spending time with my family. I have been running a lot as well. It’s a bummer that we couldn’t do our Unified Sports Day and host our Middle School Youth Activation Summit, I bet it would have been a lot of fun. I hope the Unified Track still happens next year because that could be a blast. I have had a lot of fun doing e-learning but I would much rather be at school. I miss our events for Best Buddies, but we all get to chat later today, Are you going to join the meeting today?

Missing you,

Maddy